

Holistic Care in Patients with Acute Myocardial Infarction: From Acute Management to Secondary Prevention

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Holistic health is a concept in medical practice upholding that all aspects of people's needs, psychological, physical and social should be taken into account and seen as a whole. For patients presented as acute myocardial infarction, adherence to guideline suggestions including shortening door-to-balloon time for ST-elevation myocardial infarction, early intervention for high risk NSTEMI, and acute medications including aspirin, clopidogrel and beta-blocker are shown to decrease mortality rate. Further health education during hospital stay for patient and family including diet control , smoking cessation, drug with cardiac rehabilitation were also recommended. by american college of cardiology/ american heart association (ACC/AHA) guidelines. By Crusade Study, the higher adherence rate to acute and discharge medications, the lower 1 year mortality. With holistic care, the quality of life and patient survival got improved. We will also showed how it was conducted in our hospital.