中文題目:以單一股四頭肌肌肉轉移之復發性下咽癌患者

英文題目: Recurrent local advanced hypopharyngeal SCC with solitary quadriceps femoralis metastasis: an unusual case and literal review

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Case present

A 43 year-old male had the previous history of hypopharyngeal squamous cell carcinoma(SCC) (T1N1M0,satge III) in 2010,Feb.

He had ever received wide excision and concurrent chemoradiation therapy after diagnosis. No evidence of recurrence was found for 16 months follow up. He suffered from left knee pain whether walking or at rest since 2011, June .The clinical symptom was not relieved under medication therapy. After 4 months later, one palpable, fixed, aggregately painful mass over medial site of the left distal thigh was presented, and then he visited to our Orthostatic clinic .

At the clinic, physical examination revealed swelling left knee, and one non-movable, firm, tenderness mass with the size about 6x5 cm over the distal, medial part of left quadriceps femoris. There's no other abnormalities , such as mass, nodule was found over the body.

A left femur X-ray revealed soft tissue calcification at medial aspect of the distal thigh medial to the femur without remarkable bony destruction.(Fig.1)

The magnetic resonance tomography (MRI) scan of low limb revealed an infiltrative fusiform soft tissue tumor(5.2 x 4.9cm) with central necrosis adjacent the medial aspect of the distal femur. (Fig.2)

Complete surgical excision of the mass was performed, and the pathological study revealed the soft tissue is infiltrated by neoplastic cells exhibiting hyperchromatic, plemorphic nuclei and distinct nucleoli, Keratin pearls were also found. (Fig.3) It was compatible with the morphology of the previous hypopharygneal SCC.

No secondary metastatic lesions were found via whole body imaging of 18F-fluoro-deoxy-glucose (FDG) positron emission tomography and computed tomography scan (PET-CT) after operation (Fig.4).

After the sugary, he received the radiotherapy (total 3000cGY/10fx) over left thigh area first and subsequently underwent 4 courses of systemic chemotherapy with Cisplatin (60mg/m2/day,1 day) and Fluorouracil (5-FU) ((1000mg/m2/day,4 days).

Now, his general condition was stable, and no obvious soft tissue metastatic lesion via MRI follow up after 8 months follow up.

Discussion

Skeletal muscle tumors are commonly as primary lesions rather than secondary lesions.³ Metastasis to the skeletal muscle is even rare, it accounts for less than 1% of haematogenous metastatic from solid tumor to skeletal muscle⁴.

Distant metastases in head and neck squamous cell carcinoma (HNSCC) is unusual in comparison to other malignancies, and distant muscular metastasis from HNSCC is an even extremely rare occurrence. Including our case, only 10 cases had been published.

Most of the HNSCC are local metastases. Cervical lymph node invasion is thought as an important risk factor of distant metastases, also accounts for the poor prognosis¹³. The most common metastases site including lung, bone and liver, muscular metastasis is a very rare

entity. To our best knowledge, there are only 2 cases^{6, 10} were reported of recurrent HNSCC revealed haematogenous distant muscular metastases without cervical lymph node invasion.

In current literal review, most of the HNSCC distant metastasis are multiple sites involvement, solitary muscular invasion was extremely rare. Herein, we present the first case of recurrent hypopharyngeal SCC with initial cervical lymph node involvement, but only distant skeletal muscle metastasis to the left quadriceps femoris muscle was found.

It is difficult to diagnosis of skeletal muscle metastasis. The most common clinical symptoms of skeletal muscle metastasis in HNSCC patient is a painful, palpable mass or deformity, but the symptoms may be veiled or absent in some cases. ^{6, 8, 10-12}Biopsy is the gold standard of diagnosis, but the image diagnostic tools, including MRI, PET-CT are essential for define the site and extension of tumor involve, it is quite important of different treatment and prognosis.

Because of the rarity of muscular metastasis from HNSCC, there's no specific guideline for the therapeutic options. The treatment options depend on clinical setting and staging, included observation, surgical excision, radiotherapy, chemotherapy or combined therapy. The prognosis varied, it depends on individual primary site, initial staging, general condition and comorbidity. The 5-year survival rate of hypopharyngeal cancer is approximately 35% ¹³, however, the prognosis associated with skeletal muscle metastasis in HNSCC is thought to be poorer than the average, it may consistent with a feature of systemic spread ⁶. We can find isolated ,long term disease-free interval may have relatively better prognosis in this group ⁸⁻⁹, ¹¹⁻¹²

We presented a rare case of solitary quadriceps femoralis muscle metastases in a recurrent locally advanced stage hypopharyngeal cancer . He received surgical treatment ,radiotherapy for pain relieve and also received 4 courses of adjuvant chemotherapy with the regiments of Cisplatin and Fluorouracil , no local recurrent nor other visceral organ involvement after 8 months follow up. It indicates the adjuvant chemotherapy may prolong the disease free period.

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