

Taiwan Functional Dyspepsia Consensus 2014

Treatment

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Statement 1

Dietary modification can be considered in functional dyspepsia, but evidences for the statement are inconclusive.

Statement 2

In the patients with functional dyspepsia or uninvestigated dyspepsia without warning signs, anti-secretory agents may be used as the empirical treatment.

Statement 3

Prokinetics can provide symptom relief in some patients with functional dyspepsia, but the quality of the evidences to support this statement is marginal.

Statement 4

H. pylori can be tested and eradicated in patients with functional dyspepsia since *H. pylori* eradication has a small but statistically significant effect on symptom relief.

Statement 5

Antidepressants, antianxiety agents or psychological therapies can be used in the patients with functional dyspepsia who are refractory to anti-secretory, prokinetics and *H. pylori* eradication therapy.

Statement 6

Some complementary and alternative medications might be effective for controlling symptoms in the patients with functional dyspepsia.