

痛風與心血管疾病的關聯

Cardiovascular diseases and gout

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Gout is the most common inflammatory arthritis worldwide and affects one in 16 individuals in the TTaiwan. In addition to episodic acute arthritis, gout also results in chronic joint damage, subcutaneous tophi and peri-articular inflammation. It is generally accepted that gout is highly associated with the features of metabolic syndrome and chronic renal impairment. In addition, gout patients are also at higher risk for developing many different conditions, such as cardiovascular, metabolic, renal, and many other comorbidities, which collectively lead to an increased mortality. This talk will focus on the epidemiological evidence for the association between gout and cardiovascular diseases and death due to cardiovascular causes.