

中文題目：各式各樣呼吸道吸入劑型醫師與病患選用之個人化醫療模式

英文題目：Respiratory inhalation medication selection emerged as Personalized medical care
Multi-integrated medical model

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【目的】 In recent years, respiratory inhalants such as mushrooming is a large number of emerging market .It is curious for physicians and patients to choose a variety of machine products for treatment and follow-up. The choice of a variety of respiratory drugs is prohibitive

【方法】 . So I was free to interview patients the questionnaire by oral questionnaire. Non-specific period of non-specific patients made clinical investigation .So there are several preliminary conclusions.

【結果】 Several inhalants are alternately mix use alternately are commonly used for most physician and patients .Similar to the acceptance of ordinary medication was as usual Different driving medicine force or mechanical devices are poor acceptance. A new generation of drug for physicians and patients they are both to keep wait and see in quantity less than half the degree. The patient side hope to obtain a long period of medication do not want to regularly visit in the majority. Physician do not want to replace the majority of prescription Symptoms of light people want oral medication reluctant to use inhalant medicine at least one third . Symptoms of the more serious people want oral medication plus a variety of inhalants. Most patients are reluctant to undergo regular follow-up checks. Patients treated several times after the interruption of treatment were a few. Many patients seek for medical help until acute exacerbations occurred. Doctors did not routinely prescribed serum markers to check airway illness for diagnostic and therapeutic direction, the trend is not highly adopted..

【結論】 Generally speaking, poor medicine compliance and still remained excessive drugs became widespread a common phenomenon The cloud medicine system is not as good as health education Drugs in Taiwan climate conditions easily beyond the preservation conditions is also a great problem that can not be ignored .A new generation of inhalation medicine capacity devices should be more reliable In addition to medical treatment. Non-drug therapy such as exercise and chest rehabilitation should be integrated to encourage the use of integration. Online teaching, video digital health education should be extensively developed and promoted. Related treatment guidelines and communication follow-up with health education aid to achieve therapeutic goals. A new generation of inhalation medicine capacity devices should be more reliable Physicians for the primary and secondary requirements for patients to come back to the two sides together to reach an agreement for new brand with mechanism ,user-friendly afterward replace old prescription. Health education about regular medication and regular self monitoring are the key medical care. Drug use convenience and side effects is also the focus. Related treatment guidelines and follow-up with

health education to achieve therapeutic goals. The complete medical team helps improve highly personalized medical health care for the precise treatment of the obstructive airway diseases.