

糖尿病病人的心血管疾病負擔

Cardiovascular disease burden in patients with diabetes mellitus

林宗憲

高雄醫學大學附設醫院心臟內科

In Taiwan the second leading cause of death is cardiovascular diseases (CVD). Diabetic patients with insulin resistance are at a greater risk of CVD. Obesity, high cholesterol, hypertriglyceridemia and elevated blood pressure are mainly considered as major risk factors for diabetic patients afflicted with CVD. I will review the cardiovascular disease burden in the diabetics especially in Taiwan.