

腎臟病病人的藥物和非藥物治療對策

Pharmacological and non-pharmacological strategies in patients with kidney diseases

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Chronic kidney disease is a global health problem with high morbidity and mortality. The prevalence of CKD is around 10%. This disease causes a high financial burden. However, there is no effective therapy to cure the disease up to now. In this lecture, we will discuss the pharmacological and non-pharmacological management to retard the progression of CKD. These interventions include protein restriction, smoking cessation, glycemic control, blood pressure control, lipid control, management of proteinuria, phosphate control, acidosis management, uric acid control, and removal of toxins. In my preliminary study, probiotics can retard the progression of CKD.