

發炎性腸道疾病的流行病學

Epidemiology of inflammatory bowel disease

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Although low compared with western country, the incidence and prevalence of inflammatory bowel disease (IBD) in Taiwan are rapidly increasing in the past 2 decades. The westernized lifestyle and some environmental factors have been found to contribute to the pathogenesis of IBD. In Taiwan, both Crohn's disease (CD) and ulcerative colitis (UC) predominantly occurs in men. Certain cancer risk increase in IBD patients. The onset age is younger in CD than UC. Asian seem to have more complicated behavior in CD, and the genetic background is different from the westerners. The drug utilization of IBD are also different. As a low endemic country, IBD in Taiwan differs from that in Western in some aspects.