CURRICULUM VITAE

Updated on: 02/05/06



PERSONAL PARTICULARS 1.

Name of Officer	: Dr Thong Yu Hor, Bernard
Present Appointment	: Consultant
Department	: Rheumatology, Allergy & Immunology Tan Tock Seng Hospital (TTSH), Singapore
Date & Place of Birth	: 06/11/68, Singapore
Nationality	: Singaporean
Race	: Chinese
Marital Status	: Married
Language / dialect	Written : English, Mandarin Spoken : English, Mandarin, Hokkien

2. SCHOOLS ATTENDED

А **'O'** Level School Certificate

School Attended	: St Patrick's School
Year Graduated	: 1984

B **'A' Level School Certificate**

School Attended	: Temasek Junior College
Year Graduated	: 1986

3.

TERTIARY AND / OR PROFESSIONAL QUALIFICATIONS (List all, state university / institution giving dates, and class obtained where applicable)

Α	Basic Degree and year obtained	
	(University / Institution) (Country)	National University of Singapore,
		Singapore, 1994

В	Post Basic Degree and year obtained	
	(University / Institution) (Country)	Royal College of Physicians,
		United Kingdom, 1998

С	Other Degree and year obtained
	(University / Institution) (Country)

NA

4. SUMMARY OF POSTINGS

Job Title	Dept	Hospital / Country *	Dates
House Officer			
	Orthopaedics	NUH	03/05/94
	Rheum / Immunology	TTSH	02/09/94
	Paediatrics	TTSH	02/01/95
Medical Officer			
	Gastroenterology	SGH	03/05/95
	Geriatric Medicine	СН	02/11/95
	Neurology	SGH	03/05/96
	Endocrinology	SGH	02/09/96
	Haematology	SGH	03/01/97
	Gastroenterology	SGH	02/05/97
	Respiratory/ Critical Care	SGH	01/09/97
	Oncology	SGH	02/01/98
	Cardiology	SGH	02/05/98
	Renal Medicine	SGH	01/08/98
Medical Officer (Specialist)			
(Specialist)	Accident & Emergency	SGH	02/11/98
Registrar	Rheumatology, Allergy & Immunology	TTSH	04/05/99
Associate Consultant	Rheumatology, Allergy & Immunology	TTSH	02/06/02
Consultant	Rheumatology, Allergy & Immunology	TTSH	02/12/03

* Singapore unless otherwise stated

5. **PROMOTION AND POSTINGS**

<u>Grade</u>	Hospital / Country	Dates of Posting
Registrar	TTSH/ Singapore	04/05/99
Associate Consultant	TTSH/ Singapore	02/06/02
Consultant	TTSH/Singapore	02/12/03
Snr Consultant		
Other Appoinments		
Visiting Consultant	NA	

6. **DUTIES AND RESPONSIBILITIES**

А Clinical

- Rheumatology wards/ outpatient clinics/ intra-hospital referrals
- Clinical Immunology & Allergy inpatients/ outpatients/ procedures/ intra-hospital referrals
- Food Allergy Service Programme (1st August 2004 present)
- Supervisor, Clinical Immunology/Allergy Nurse Clinician (1st August 2004 present)

B Administrative

- Rheumatology/ Immunology Department Casemix Representative (1999 31st December 2003)
- Electronic Discharge Case summaries (EDSS) (1999 31set December 2003)
- Medical Officer Briefing (1999 2003)
- Public Forum/ World Arthritis Day/ Family Physicians' CME (2001-2002)
- Senior Staff Clinic Roster, Injection Roster, Standby Roster and MO Clinic Roster (1st July 2003 - present)
- Clinical Immunology/Allergy Clinical Practice Guidelines (1st July 2003 present)
- Senior Staff 3rd Monday Allergy/Immunology CME (1st July 2003 31st December 2003)

С **Training/Teaching**

Medical students (clinical tutor): 1.

- Final Year (Group W, 28th August 21st October 2000) i.
- ii.
- 3^{rd} Year (Group 11, 7^{th} July 25^{th} August 2001) Final Year (Group V, 27^{th} October 30^{th} October 2001) iii.
- 2nd Year (Group 7, Clinical Skills Foundation Course, May 2002) iv.
- 3^{rd} Year (Group 9, 1^{st} July 24^{th} August 2002) v.
- Final Year (Group W, 26th August 19th October 2002) vi.
- vii. Final Year (Group 18, 25th August 18th October 2003)
- viii. 3rd Year (Group 21, 6th October 29th November 2003)
- Final Year (Group 1, 19th July 11th September 2004) ix.
- 3rd Year (Group 19, 23rd August 11th October 2004) x.
- Final Year (Group 14, 6th December 2004 12th February 2005) xi.
- xii. 2nd Year (Group, Clinical Skills Foundation Course, May 2005)
- xiii. 3^{rd} Year (Groups 5-7, 27^{th} June $2005 19^{th}$ August 2005)
- xiv. Final Year (Group 22, 23rd January 2006 17th February 2006)

Internal Medicine/ Family Medicine basic trainees 2.

- i. MRCP (UK), M Med (Int Med) Preparation course, tutor, NUS (April 2000, April 2001, April 2005)
- NHG Int Med PACES teaching (31st October 2001) ii.
- iii. NHGP M Med (Family Med) clinical teaching (July 2002)
- iv. MRCP (UK) short case teaching sessions (Int Med trainees)
- M Med (Family Med) short case teaching sessions V.
- M Med (Family Med) Course 2003 coordinator (30th August 2003) vi.

3. Medical Officers' Lectures

(A) <u>Rheumatology</u>

- i. Approach to the rheumatic diseases (May 2000, Nov 2000, May 2001, 13th Nov 2001, 14th May 2002)
- ii. Rheumatological emergencies (May 2000, Nov 2000)
- iii. Rheumatology slide show (18th September 2000)
- iv. Approach to chronic renal failure (December 2000)
- v. The immunological basis of laboratory tests in autoimmune disease (December 2000)
- vi. Approach to joint examination (30th June 2003, 18th November 2003, 1st December 2004, 20th May 2005,16th November 2005)

(B) Clinical Immunology/Allergy

- i. Food allergy (16th May 2005,21st November 2005)
- ii. Drug allergy (5th June 2000, 30th July 2001, 22nd April 2002, 15th December 2003, 29th November 2004)
- iii. Insect venom allergy (24th September 2001, 20th June 2005,12th December 2005)

4. Department Continuing Medical Education

(A) <u>Rheumatology</u>

- i. Methotrexate and folate supplementation (13th October 2000)
- ii. Transient expression of IL-1B induces acute lung injury and chronic repair leading to pulmonary fibrosis (9th July 2001)
- iii. Haemopoietic stem cell transplant in severe autoimmune disease with special reference to SLE (13th September 2001)
- iv. Idiopathic inflammatory myopathies and interstitial lung disease (11th April 2002)
- v. Sjogren's syndrome: what's new (25th September 2003)
- vi. Immunizations in rheumatic diseases: recommendations and controversies (10th September 2004)
- vii. Sex Hormones, Pregnancy and Rheumatic Disease (14th January 2005)
- viii. Paediatric Rheumatology: Issues in transitional care to an adult rheumatology service (16th September 2005)

- i. The role of IVIG in immunological and allergic diseases (20th March 2000)
- ii. Pathophysiology of drug exanthems (23rd October 2000)
- iii. Clinical Immunology and Allergy: a British perspective (28th July 2003)
- iv. Drug Provocation Test: practice guidelines (18th August 2003)
- v. Evaluation of intraoperative anaphylaxis (15th September 2003)
- vi. Current issues in food allergy: diagnostics and therapeutics (15th December 2003)
- vii. Food allergy (30th August 2004)
- viii. Food allergy Update 2005 (21st February 2005)
- ix. Food allergy Update 2006 (20th February 2006)

5. Department Co-ordinator for Undergraduate/Postgraduate Examinations/Continuing Medical Education

- i. Final Year MBBS (March 2000)
- Master of Medicine (Internal Medicine)/ Membership of the Royal College of Physicians (UK) Examination Coordinator for Rheumatology (May 1999, 11th June 2001)
- Rheumatology Continuing Medical Education for Medical Officers in the Polyclinics (Clinical session -coordinator) (17th June 2000, 7th April 2001, 30th June 2001, 18th May 2002)
- iv. College of General Practitioners/ TTSH Modular Teaching Course (Clinical session coordinator, 27th October 2001)

6. Supervisor

- i. Elective student attachment: Yukari ; 1 June 2000 9 June 2000
- ii. Elective student attachment: December 2001, May 2002.
- Elective attachment in rheumatology and clinical immunology/allergy: Dr Lim Siok Hoon, KKWCH Paediatrics: August 2004, November 2004 – November 2005
- iv. Clinical Fellow: Dr Tan Bee Eng, Selayang Hospital, Malaysia: 1st July 2005 31st December 2005

7. Other Continuing Medical Education Activities (for other medical and allied health professionals)

(A) <u>Rheumatology</u>

- i. Singapore Society of Immunology Allergy and Rheumatology Case Presentation 1: Man versus rat (11th May 2000)
- ii. Rheumatology Continuing Medical Education for Medical Officers in the Polyclinics (17th June 2000)
- iii. Rheumatology & Us (Dept of Ophthalmology, 19th December 2000)
- iv. A lady with recurrent parotid swelling, arthritis, syncope and nephrotic syndrome (Monthly Hospital Meeting, 1st September 2001)
- v. College of General Practitioners/ TTSH Modular Teaching Course (Clinical session, 27th October 2001)
- vi. National Skin Centre Update: Update on Systemic Lupus Erythematosus and Scleroderma (29th August 2006)

- i. Singapore Society of Immunology Allergy and Rheumatology Case Presentation 2: Immunodeficiency (31st August 2000)
- ii. Insect bites and stings (The Complete Immunology & Allergy Workshop, 30th September 2000)
- Lessons learnt from monitoring drug allergy in TTSH for 2 years (The Complete Immunology & Allergy Workshop, 28th October 2000)
- iv. Update on insect venom allergy (College of General Practitioners/ TTSH Modular Teaching Course, 22nd December 2001)
- v. Approach to drug allergy (College of General Practitioners/ TTSH Modular Teaching Course, 22nd December 2001)
- vi. Airway allergy: investigations and management (Hougang Polyclinic, 26th March 2002)
- vii. Anaphylaxis and the Singapore Armed Forces (Singapore Armed Forces Medical Corps Grand Rounds, 25th September 2002)
- viii. Update on Immunotherapy and Food Allergy for the ENT Surgeon (SGH Dept of Otorhinolaryngology, 24th July 2003)

- ix. Food allergy: facts and controversies (Chapter of Physicians, 29th September 2003)
- x. Evaluation of intraoperative anaphylaxis (TTSH Dept of Anaesthesiology, 8th December 2003)
- xi. Unproven tests in allergy (Singapore Society of Immunology, Allergy and Rheumatology, 2nd November 2004)
- xii. Investigation of patients with suspected anaphylactic reaction (Singapore Society of Anaesthesiologists' Meeting, York Hotel, 19th February 2005)
- xiii. An ED (Emergency Department) Approach to Rheumatologic and Allergic Disorders (TTSH Emergency Department, 14th May 2005)
- xiv. Drug allergy and Food allergy (Pharmaceutical Society of Singapore, 14th May 2005)
- xv. Achieving successful outcomes in rheumatoid arthritis: is it realistic? (Family Physicians, Jurong Country Club, 1st June 2005)
- xvi. Anaphylaxis, Food Allergy and Urticaria (TTSH-SSIAR World Allergy Day GP Symposium, Grand Copthorne Hotel, 23rd July 2005)
- xvii. Basic Allergy for the Primary Care Physician Part 2: Management (NHG Polyclinics) (12th and 22nd October 2005, 29th November and 1st December 2006)
- xviii. Introduction to Clinical Immunology/Allergy for Nurses (TTSH Clinic B1B Nurses) (7th November 2005)
- xix. Drug allergy: what every clinician should know (4th February 2006 TTSH, 21st February 2006, NUH)
- xx. Immunotherapy in allergic rhinitis and asthma (SGH Department of Respiratory and Critical Care Medicine) (20th February 2006)
- xxi. Drug allergy for the SAF Medical Officer (30th March 2006, HQ Army Medical Services)
- xxii. Investigation of patients with suspected anaphylactic reaction (Asian Australasian Congress of Anaesthesiologists, 6th-10th November 2006)

8. Support Group/ Public Education

(A) <u>Rheumatology</u>

- i. Juvenile Arthritis Club Launch, National Arthritis Foundation: Drugs in Childhood Rheumatic Disease (May 1999)
- ii. Galistan Family Service Centre: SLE (August 1999)
- iii. Lupus Association: Is my lupus flaring? Detecting and preventing flares. (4th June 2000)
- iv. Juvenile Arthritis Club, National Arthritis Foundation: Juvenile arthritis and SLE overview (23rd June 2001)
- v. Lupus Association: Dieting and SLE (18th Nov 2001)
- vi. Lupus Association: Lupus pregnancy: before, during and after (2nd June 2002)
- vii. Lupus Association: Clotting in SLE: why it happens and what to do (28th September 2003)
- viii. Public Forum: What is Arthritis? (13th November 2004)
- ix. Juvenile Arthritis Club/ Juvenile Lupus Club: Getting ready for an adult rheumatology clinic (4th December 2004)
- x. Lupus Association: Lupus and the Brain (20th March 2005)
- xi. Lupus Association: Diet pills and Supplements (7th May 2005)
- xii. Eurasian Association: Medical management of osteoarthritis of the knees (11th June 2005)
- xiii. Lupus Association: Preventing kidney disease in lupus (17th September 2005)
- xiv. Public Forum: Medical management of osteoarthritis (18th March 2006)
- xv. Lupus Association: SLE in Singapore Children (6th May 2006)
- xvi. Lupus Association: Lupus New treatments for an old disease (25th November 2006)

- i. Drug allergies and adverse drug reactions (Public Forum, 1st December 2001).
- ii. Public Forum: Food Allergy in Singapore (4th June 2005)
- iii. Raffles Town Club: Living with food allergy in Singapore (13th September 2005)

9. Others

(A) <u>Rheumatology</u>

- i. Lupus Awareness Month Berita Harian (7th January 2006)
- ii. Lupus Awareness Month Singapore Women's Weekly (6th January 2006)

(B) <u>Clinical Immunology/Allergy</u>

- i. The Straits Times Press interview: Phenylbutazone found in Jamu product Jarem (Encok) (Feb 2002)
- ii. Streats Newspaper: Health Forum on "Allergies" (February 2002)
- iii. Newsradio 93.8: Sound Health programme on Allergies (25th March 2002)
- iv. Kids' Central TV: The Big Q IV– programme on "Allergies and Body Defence" (22nd June 2002)
- v. Channel U: Tip Top Health programme on "Food Allergy" (8th August 2004)
- vi. Lian He Wan Bao: Health Supplement (8th November 2004)
- vii. Medical Watch: Allergies in Asia (April 2005)
- viii. World Allergy Day Drug Allergy: Lian He Wan Bao (7th July 2005)
- ix. World Allergy Day Drug Allergy: Mind Your Body (13th July 2005)
- x. Food allergy and intolerance Mind Your Body (13th January 2006)
- xi. Allergy Alert: Knowing and dealing with everyday irritants NHG Spotlight (February 2006)

10. Clinical teacher (National University of Singapore)

11. Community CME Publications:

(A) <u>Rheumatology</u>

- i. Dermatomyositis picture quiz. TTSH Medical Digest. Jan March 2001
- ii. Lupus Link: Dieting and SLE. 2001
- iii. Lupus Link: Lupus pregnancy: before, during and after. 2002
- iv. Lupus Link: Clotting in SLE: why it happens and what to do. 2003
- v. News and Views, Lupus UK: Clotting in SLE. 2004
- vi. Lupus Link: Diet pills and supplements. 2005

- i. Dapsone syndrome. Adverse Drug Reaction News. March 2000, Vol.2, No.1
- ii. Pitfalls in diagnosing a drug allergy. TTSH Medical Digest. Jan March 2000
- iii. Allopurinol hypersensitivity syndrome. Adverse Drug Reaction News. May 2001, Vol.3, No. 1
- iv. Case discussion: drug allergy. TTSH Medical Digest. Oct Dec 2002
- v. Food allergy: fact or fiction? TTSH Medical Digest 2004
- vi. Anaphylaxis: life-threatening allergy. NHG Partners Direct 2004
- vii. Adverse Reactions to NSAIDs: TTSH Medical Digest 2004
- viii. Food allergy and food intolerance: clearing the air. GutViews 2006.
- ix. Understanding the evidence for cross-reacting drug hypersensitivities. TTSH Medical Digest 2006

7. EXTRA-CURRICULAR ACTIVITIES (ECA) RECORDS

A Committee Work

<u>TTSH</u>

- i. Chairman, Junior Doctors Committee (Registrars) (1st November 2000 31st October 2001)
- ii. Committee member, Clinical Work Measurement Committee (2001)
- ii. Committee member, Postgraduate Medical Education and Training Subcommittee (1st September 2000 31st December 2002)
- iii. Division of Medicine Representative, Innovative Suggestion Scheme (ISS) Subcommittee (September 2003 March 2005)
- iv. Information Technology (EMR) Integration Committee (8th July 2004 30th June 2007)
- v. 2nd TTSH Quality Week Organising Committee (2004)

Professional

- i. Singapore Society of Immunology, Allergy and Rheumatology (SSIAR) (Secretary January 2000 January 2002, Member, January 2000 present)
- ii. Lupus Association (Council member, Continuing Medical Education, January 2001present)
- iii. Secretary, Specialty Board, Chapter of Rheumatologists, College of Physicians, Academy of Medicine Singapore (2005-2007)

Ministry Of Health/ National Healthcare Group

- i. National Healthcare Group Medication Safety Collaborative (Advisor on Drug Allergy Reporting, 2004)
- ii. Ministry of Health Workgroup for Clinical Practice Guidelines for Joint Inflammation and Osteoarthritis (2005-present)
- Member, National Healthcare Group Domain Specific Review Board (DSRB) B for Oncology, Haematology, Immunology, Rheumatology, Allergy, Infectious Disease (1st March 2005 – 31st March 2009)
- iv. Member, National Healthcare Group Pharmacovigilance Subcommittee (2005-present)
- v. Single Point of Contact and Process Champion for Computerized Physician Order Entry (CPOE) (2005)
- vi. Member, Publications and Publicity Subcommittee, NHG Annual Scientific Congress Organising Committee (2006)

Others N.A.

B Professional Membership

Local

- i. Singapore Society of Immunology, Allergy and Rheumatology (SSIAR) (Secretary January 2000 January 2002)
- ii. Allergy and Clinical Immunology Society (Singapore) (Secretary March 2006-March 2007)
- iii. Singapore Medical Association (member)
- iv. National Arthritis Foundation (NAF) (member)
- v. Catholic Medical Guild (member)

Regional

- i. Rheumatology Associations of ASEAN (RAA)
- ii. Asia Pacific League Against Rheumatism (APLAR)

International

- i. American Academy of Asthma, Allergy and Immunology (International Fellow)
- ii. Royal College of Physicians (Edinburgh) (Member)

Reviewer of peer-reviewed journals in Rheumatology and Clinical Immunology/Allergy

- i. Section Editor, Drug Allergy, Current Opinion in Clinical Immunology and Allergy (2004/05, 2005/06)
- ii. Rheumatology: a journal of the British Society for Rheumatology (2003 present)
- iii. Scandinavian Journal of Rheumatology (past reviewer, 2006)
- iv. Allergy and Asthma Proceedings (past reviewer, 2004)
- v. Annals of Allergy, Asthma and Immunology (past reviewer, 2005)
- vi. Paediatric Allergy and Immunology (past reviewer, 2003)
- vii. Acta Pharmacologica Sinica, official journal of the Chinese Pharmacological Society and Shanghai Institute of Materia Medica, Shanghai Institutes of Biological Sciences, Chinese Academy of Sciences (past reviewer, 2006)
- viii. Singapore General Hospital Proceedings (past reviewer, 2004)

C Other Activities

Civic Organisations N.A.

<u>Sports and Recreation</u> Swimming, badminton, reading, computing.

8. COURSES/ CONFERENCES ATTENDED (BOTH AS PRESENTER AND PARTICIPANT) (Please indicate titles and dates of conferences)

A Local

(A) <u>Rheumatology</u>

Participant

- Short course in Clinical and Epidemiological Research Basic (25th September 29th September 2000)
- 2. Imaging of Arthropathies. Joint Scientific Meeting of the Singapore Radiological Society and Asian Musculoskeletal Society (16th February 18th February 2001)
- 3. Short course in Clinical and Epidemiological Research Advance (21st October 26th October 2001)
- 4. Uveitis Symposium. Singapore National Eye Centre (12th January 2002)

(B) <u>Clinical Immunology/Allergy</u>

Presenter

1. <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Drug allergy in a general hospital: results of a novel prospective inpatient surveillance system (TTSH Young Investigator's Award, oral presentation, 2nd July 2000)

- 2. <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Food allergy in adults: a review of 86 local cases with type I hypersensitivity reactions (1st NHG Annual Scientific Meeting, Young Investigator Award and Poster of Distinction, Oral presentation, August 2002)
- 3. <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. A study of 73 cases of anaphylaxis referred to a Clinical Immunology/Allergy service in Singapore (2nd National Healthcare Group (NHG) Annual Scientific Congress 2003, 4th October 2003)
- 4. The epidemiology of drug allergy in Singapore (2nd National Healthcare Group (NHG) Annual Scientific Congress 2003, 4th October 2003)
- 5. Advances in the diagnosis and treatment of drug allergy (2nd National Healthcare Group (NHG) Annual Scientific Congress 2003, 4th October 2003)

(C) <u>Others</u>

Participant

- 1. Seven Habits of Highly Effective People. (25th September 27th September 2002)
- 2. The Challenge of Leadership for Healthcare Manager. NHG College (12th January 14th January 2005)
- 3. NHG Clinician Leadership Course (9th-12th May 2005)

Life-Support Courses

- 1. Basic Cardiac Life Support (BCLS) (13th July 1995, 19th March 2005)
- 2. Advance Cardiac Life Support (ACLS) (17th January 1999)
- 3. Advance Trauma Life Support (ATLS) (24th October 1995, recertified 17th November 2004-2008)

B Regional / International

Presenter

(A) **<u>Rheumatology</u>**

- 1. <u>Thong BY</u>, Tai DY Goh SK, Johan A. An audit of patients with rheumatic disease requiring medical intensive care in a general hospital (11th Congress, Western Pacific Association of Critical Care Medicine, 30th November 2000)
- <u>Thong BY</u>, Cheng YK, Law WG, Badsha H, Kong KO, Koh ET, Leong KP, Lim WC, Quan WL, Lau TC, Teh CL, Chng HH, Wong HY, Chia CK, Yim HB, Liew KV, Lim CC, Chow WC. Outcomes of chronic hepatitis B infection in 23 oriental patients receiving immunosuppressive therapy for rheumatic disease (46th Australia Rheumatology Association Meeting, Cairns, Australia, 22nd – 26th May 2004)

- <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Allopurinol Hypersensitivity Syndrome in a General Hospital (poster presented at the Singapore Malaysian Congress of Medicine, 4th – 6th August 2000)
- <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Drug allergy in a general hospital: results of a novel prospective inpatient surveillance system (poster presented at the Singapore Malaysian Congress of Medicine, 4th – 6th August 2000)
- 3. <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Drug allergy in a general hospital: results of a prospective inpatient drug allergy surveillance system (57th American Academy of Allergy, Asthma and Immunology, New Orleans, USA ,17th March 2001)
- 4. <u>Thong BY</u>. Food Allergy in Adults (6th Malaysian Congress of Allergy and Immunology, Hilton Kuala Lumpur, Malaysia, 4th - 6th March 2005)
- (C) <u>Others</u>

Thong BY, Ng KY, Tan CK, Yap CK, Ng HS, Tan IK. Prevalence and patterns of elevated 1. CA 19-9 in various pancreatic and hepatobiliary diseases (poster presented at the 13th International Conference on Tumour Markers 16th -17th June 1996, Singapore)

Participant

(A) **Rheumatology**

- 1.
- 2nd Workshops in Rheumatology (27th August 29th August 1999) 4th Workshop in Rheumatology (7th September 9th September 2001) 2.
- 5th Workshop in Rheumatology, Kuala Lumpur (5th July 7th July 2002) 3.
- British Society for Rheumatology XXth Annual Meeting, Manchester International 4. Convention Centre, United Kingdom (1st – 4th April 2003)
- Australian Rheumatology Association 46th Annual Scientific Congress 2004, Cairns, May 5. 2004
- Singapore International Scientific Meeting on Arthritis and Rheumatology (12th-14th 6. November 2004)
- 7th Workshop in Rheumatology, Singapore (15th July 17th July 2005) 7.

(B) Clinical Immunology/Allergy

- XVII International Congress in Allergology and Clinical Immunology, Sydney, Australia 1. $(15^{\text{th}} \text{ October} - 20^{\text{th}} \text{ October} 2000)$
- 57th American Academy of Allergy, Asthma and Immunology, New Orleans, USA (16th 2. $March - 21^{st} March 2001$)
- British Society of Immunology and British Society of Allergy and Clinical Immunology 3. Joint Congress, Harrogate International Centre, United Kingdom (3rd – 6th December 2002)
- Australasian Society for Clinical Immunology and Allergy Annual Scientific Meeting, 4. Melbourne, Australia (12th October 2003)
- World Allergy Congress, Munich, Germany (26th June 1st July 2005) 5.

Others (C)

- Singapore Malaysian Congress of Medicine (4th 6th August 2000) 1.
- 1st NHG Annual Scientific Meeting (18th 19th August 2002) 2.
- 2^{nd} NHG Annual Scientific Congress ($4^{th} 5^{th}$ October 2003) 3.
- Combined Scientific Meeting $(4^{th} 6^{th})$ November 2005) 4.

9. RESEARCH

(Projects / Activities Undertaken)

А Local

(Please indicate titles and dates of projects)

В **Regional / International**

(Please indicate titles and dates of projects)

(A) **Rheumatology**

- Vathsala A, Chng HH, Chin MC, Thong BY. Regulation of apoptosis in systemic lupus 1. erythematosus (NMRC/0264/1997) (completed)
- 2. H Badsha, Thong BY, Chng HH. Genetics of SLE - family study in collaboration with University of California Los Angeles. (completed)
- Khoo KM, Chng HH, Kong KO, Leong KP, Howe HS, Koh ET, Badsha H, Edwards CJ, 3. Lian TY, Thong BY. Antibodies to CD38 and CD157 in patients with SLE and RA. (completed)

- 4. Howe HS, Khoo KM, Chng HH, Kong KO, Leong KP, Badsha H, Edwards CJ, <u>Thong BY</u>, Lian TY, Koh ET. Soluble CD38 and CD157: A pilot study of their potential use as markers of activity and diagnostic tools in rheumatoid arthritis and systemic lupus erythematosus. (completed)
- 5. Lian TY, Lau TC, <u>Thong BY</u>, Kong KO. PN066 MEDAL study: A randomised controlled trial to evaluate the safety of Etoricoxib in patients with OA or RA (ongoing).
- 6. Koh ET, et al. Early rheumatoid arthritis database. (ongoing)
- 7. Koh ET, et al. Rheumatoid arthritis cross-sectional database. (ongoing)
- 8. Howe HS, et al. A prospective study of clinical, laboratory, and genetic factors in the prediction of outcome in systemic lupus erythematosus. (BMRC 01/1/28/18/016) (ongoing)
- 9. <u>Thong BY</u>, Vasoo S, Koh ET. Study on the use of anti-TNF agents in rheumatic diseases in Singapore. (ongoing)
- 10. Tan BE, <u>Thong BY</u>. Clinical features and outcomes of patients with antiphospholipid syndrome in a rheumatology centre in Singapore. (ongoing)
- 11. Lian TY, Kong KO, <u>Thong BY</u>. An audit of patients referred to the Early Arthritis Clinic in a rheumatology centre in Singapore. (ongoing)

(B) Clinical Immunology & Allergy

- 1. Cheng YK, <u>Thong BY</u>, Tang CY, Leong KP, Chng HH. Drug allergy in a general hospital: a novel prospective inpatient reporting system (December 1997 – ongoing)
- 2. Lim DL, <u>Thong BY</u>, Lee BW, Leong KP, Chng HH, Ho LY, Rajadurai S, Liew WK. The Singapore Primary Immunodeficiency Registry. (November 2004- present)
- 3. Kidon M, Rajadurai VS, Sriram B, See Y, Lin R, Goh A, <u>Thong BY</u>. Normative data for cord blood IgE and cord blood house dust mite specific IgE in Singaporean newborn. (Completed)
- 4. <u>Thong BY</u>, Leong KP, Cheng YK, Tang CY, Chng HH. Hydroxychloroquine delayed type hypersensitivity reactions: patch testing and a structured desensitisation programme for patients with rheumatoid arthritis and systemic lupus erythematosus. (2005)
- 5. <u>Thong BY</u>, Chew FT, Cheng YK, Leong KP, Tang CY, Chng HH. Characterization of the putative allergen(s) in patients with food allergy to Limpet (September 2005-August 2006)
- 6. Cheng YK, Chew FT, <u>Thong BY</u>, Leong KP, Tang CY, Chng HH. Characterization of the putative allergens in patients with food allergy to Chinese Water Chestnut (Eleocharis dulcis) (September 2005-August 2006)
- 7. Chng HH, Tang CY, Leong KP, <u>Thong BY</u>. A Comparison of Skin Prick Test Reactions to Housedust Mite and Recombinant Dust Mite Allergen Extracts in Atopic and Normal Healthy Individuals in Singapore. (completed January 2003)
- 8. <u>Thong BY</u>, Cheng YK, Chng HH. Skin tests to ofloxacin and ciprofloxacin in 4 patients with type I hypersensitivity-like reactions (completed November 2003)

10. PUBLICATIONS (LOCAL/ REGIONAL/ INTERNATIONAL)

A Local

(Please indicate title of paper, name of journal, publisher and date of publications)

(A) <u>Rheumatology</u>

1. <u>Thong BY</u>, Tai DY, Goh SK, Johan A. An audit of patients with rheumatic disease requiring medical intensive care. Ann Acad Med Singapore 2001; 30(3):254-9.

(B) <u>Clinical Immunology/Allergy</u>

- 1. <u>Thong BY</u>. Approach to drug allergy. The Singapore Family Physician 2002;28(2):28-34.
- 2. <u>Thong BY</u>. Insect venom allergy. The Singapore Family Physician 2002;28(2):35-39.
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B Regional / International Journals

(Please indicate title of paper, name of journal, publisher and date of publications)

(A) <u>Rheumatology</u>

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- 3. Lim DL, <u>Thong BY</u>, Ho SY, Shek LP, Lou J, Leong KP, Chng HH, Lee BW. Primary immunodeficiency diseases in Singapore: the last 11 years. Singapore Med J 2003,44:579-86.
- 4. <u>Thong BY</u>, Hourihane JO. Monitoring of IgE-mediated food allergy in childhood. Acta Paediatrica 2004;93:759-64.
- 5. <u>Thong BY</u>, Yeow-Chan. Anaphylaxis during surgical and interventional procedures. Ann Allergy Asthma Immunol 2004; 92:619-28.
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C. Abstracts

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- 10. Yip LW, <u>Thong BY</u>, Tan AW, Chng HH, Heng WJ. Intravenous immunoglobulin treatment for toxic epidermal necrolysis: are there ocular benefits? Ann Acad Med Singapore 2003;32(5):S94.
- 11. <u>Thong BY</u>, Tang CY, Cheng YK, Leong KP, Chng HH. Pattern of aeroallergen sensitization in adults with allergic rhinitis and asthma in an adult Clinical Immunology/Allergy in Singapore. World Allergy Congress, 26 June 1 July 2005, Munich, Germany and Ann Acad Med Singapore 2005;34(9),2:S100.
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- 14. <u>Thong BY</u>, Cheng YK, Leong KP, Tang CY, Chng HH. Outcomes of allopurinol desensitisation in gout patients with allopurinol hypersensitivity. Ann Acad Med Singapore 2005;34(9),2:S100.
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- 16. <u>Thong BY</u>, Cheng YK, Leong KP, Tang CY, Chng HH. Adult food allergy to limpet. Ann Acad Med Singapore 2005;34(9),2:S100.

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D. Book chapters

1. <u>Thong BY</u>, Chng HH. Drug Allergy. In: Ong YY, Woo KT, Ng HS, Tan P, Tang OT, eds. A Clinical Approach to Medicine: World Scientific, 2005:715-28.

11. TRAINING AWARDS

Course	Duration	<u>University / Hospital (Country)</u>
Health Manpower Developme Plan (HMDP) Fellowship Award	ent Allergy/ Immunology 2002 1 Nov 02- 3 May 03	University of Southampton, Southampton General Hospital, United Kingdom
TTSH Scholarship Award	N.A.	

12. OTHER AWARDS

TTSH Best Young Teacher Award (2001)

TTSH Long Service Award (10 years) (2002, 2006)

TTSH Courage Award (SARS) (2003)

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