## Anti-Aging Medicine and Its Dock System in Japan

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Average length of life of our country is the number one in the world. For this cause, it is thought that anyone is able to enjoy considerable high quality medical treatment by health insurance service system at any place in Japan, that our nation has a gene contributing to life lengthening, and that we have taken traditional Japanese foods. Most of senior citizens who increased adhere to good health status, and it cannot be necessarily said so that we say whether we send the life while enjoying high QOL. A difference of a certain 7-8 years between average length of life and healthy life expectancy, invites increase of the patient of so-called "bedridden state". To recover from such critical situation, it is most important to induce the right "anti-ageing medicine" which can adapt itself to many persons. In other words, it is important to prevent/treat life-style related disease increasing with ageing, to make a diagnose precisely ageing phenomenon to appear steadily and surely, and to induce and spread "anti-ageing medicine" which preserves youth and health biologically even if we repeat a year for age. We can ask you so-called "medicine aiming at normal (healthy) longevity". We should make the subject clear to practice such an anti-ageing medicine, and it is necessary for methods to practice it to become clear. I have a plan to explain our project of "Anti-Aging Dock System" in Japan and discuss about our data.