

A STUDY OF THE ORIGIN OF AN ALLERGIC DISEASE

CHAO KANGMING¹, MASATADA KODA²

RANSHENG CLINIC¹, KODA CLINIC²

BACKGROUND/AIMS : Those who show symptoms of hives after eating mackerel claim that they would not show symptoms when they are in good condition. Considering the results of this study, I have come to the conclusion that the reason for this must be in the stomach.

METHODS : I have conducted endoscopic examinations in patients with chronic urticaria (29 cases), asthma (22 cases) and allergic rhinitis (42 cases).

RESULTS : The results showed that all of the patients had gastritis with erosion, ulcer and/or polyp. Remarkable findings included inflammation in the posterior side of the lesser curvature of the antrum in asthma patients and around the pylorus in patients with allergic rhinitis. In both cases, H. pylori-positive patients showed dramatic improvement after bacterial eradication. H. pylori-negative patients treated with PPI and patients kept from eating cold food and drinks, salty food, coffee, tobacco and alcohol showed better results.

DISCUSSION/CONCLUSIONS : Gastritis and eating stimulant food weaken the barrier of the stomach's mucous membrane, allowing polypeptides to be absorbed more easily. It seems that the stomach's change to a morbid state, which corresponds to changes in other organs, manifests as airway hyperreactivity, making symptoms more obvious (CHAO's hypothesis).

Key words : Gastritis, H.pylori, Chao's hypothesis