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LEFT VENTRICULAR EJECTION FRACTION IS SENSITIVE TO CYCLE-LENGTH IRREGULARITY IN PATIENTS WITH ATRIAL FIBRILLATION AND SYSTOLIC DYSFUNCTION

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BACKGROUND: Atrial fibrillation (AF) is characterized by randomly irregular cycle lengths, resulting in considerable beat-to-beat variability of left ventricular (LV) performance. This study aimed to evaluate the impact of cycle-length irregularity during AF on the variability of ejection fraction (EF) in patients with normal and abnormal LV systolic function.

METHODS: In 110 patients with AF, LV EF was determined from simultaneous biplanar views of the LV over 20 cardiac cycles using a matrix-array transducer and a Simpson's biplane method. We used the ratio of the preceding R-R interval (RR₁) to the pre-preceding R-R interval (RR₂) as an index of cycle length irregularity and assessed its effect on the beat-to-beat changes of normalized EF (EF/average EF over 20 cardiac cycles) in patients with normal and abnormal LV systolic function (EF \geq 55% vs. <55%). The relationship of normalized EF (y) with RR₁/RR₂ (x) over 20 beats was fitted to the regression equation y=a+bx.

<u>RESULTS</u>: The index of cycle-length irregularity is a strong predictor of LV EF during AF in patients with normal and abnormal LV function (r^2 : 0.76±0.09, 0.78±0.11, p=0.217). There was a significant difference in the impact of cycle-length irregularity on the beat-to-beat changes of LV EF between patients with normal and abnormal LV function. The LV EF was more dependent on the RR₁/RR₂ ratio in patients with abnormal LV function than in patients with normal LV function (b: 0.57±0.21 vs. 0.28±0.06, p<0.001).

<u>CONCLUSION</u>: The beat-to-beat variability of LV systolic function is more sensitive to the cycle length irregularity during AF in patients with systolic dysfunction.

Keyword: Atrial Fibrillation, Ventricular function, systole