

中文題目：流感防治與疫苗接種

英文題目：Seasonal influenza prevention and vaccination in Taiwan.

摘要：

每年的秋冬時節為流感的主要流行季節。勤洗手、戴口罩、注重呼吸道衛生，以及接種疫苗為預防方式。台灣每年會依 WHO 之建議選擇該年度疫苗株，並且也會規劃公費流感接種時程。本節將介紹流感防治及疫苗接種，希望能對於各位臨床照護有幫助。

Influenza viruses, especially type A and B, could cause seasonal influenza epidemics annually. Influenza vaccines could reduce the burden of the illnesses, hospitalizations, and deaths caused by influenza. In Taiwan, there is a national influenza vaccination campaign every year. We will introduce current influenza vaccination program in Taiwan and updates on influenza vaccines.